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### Abstract

The invention relates to a press for pressing a material to give a structural component. Said press comprises at least one revolving press band (1) and control means which control the course of the press band. The control is preferably carried out via rotating rods (3) that adjoin the press band (1) and that can be tilted at a convenient angle for the purpose of control. In comparison to conventional presses, the products obtained by means of the inventive press have improved quality. According to the inventive method, the band of a press can be controlled by appropriately tilting the rotating rods (3).